



Triple P - Positive Parenting Program

Russell Child Development Center is pleased to offer the Triple P-Positive Parenting Program in 18 Southwest Kansas counties. Triple P Positive Parenting Program is a system of intervention for parents of young children who are at risk of developing behavior problems. The aim of the program is to increase parental competence and confidence in raising their children by increasing parents' competence in managing common behavior problems and developmental issues, reducing parents' use of coercive and punitive methods of disciplining children, improving parents' communication about parenting issues and reducing parenting stress associated with raising children. These outcomes can be achieved by creating a supportive learning environment for parents.

Level 2-Seminar Series

An introduction to the strategies of positive parenting and Triple P. Parents attend any number of three 90 minute seminars (Power of Positive Parenting; Raising Confident, Competent Children; and Raising Resilient Children).

Level 3 - Primary Care Triple P

This level is a brief program of parental coaching. It is designed for parents with specific concerns who require consultation or active skills training. It involves about 80-90 minutes over 3-5 sessions. It combines advice, rehearsal and self evaluation to teach parents to manage discrete child problem behaviors. It is provided as face to face contact with parents in their home.

Level 4 – Standard Triple P

This level is for parents who need or want intensive training in positive parenting skills. Typically parents of children with behavior problems such as aggressive or oppositional behavior. This involves about 10 hours of instruction over **8-10 sessions**. These focus on parent-child interaction and application of parenting skills to a broad range of target behaviors. Includes generalization enhancement strategies. These would be delivered via home visits.

Level 4 – Group Seminar

This level is also for parents who need or want intensive training in positive parenting skills. This is an 8 session class which involves about 16 hours of class contact and instruction. This seminar does require homework each week. Both parents are encourage to attend if at all possible.

***Parents are welcome to contact
Russell Child Development Center
to request Triple P parental coaching
or in-home support at
620-275-0291.***

The Triple P Positive Parenting Program is made possible by the Building Blocks Early Childhood Block Grant awarded by the Kansas Children's Cabinet and Trust Fund to:



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