

HAPPIER FAMILIES.
BETTER RELATIONSHIPS.
SUCCESSFUL KIDS.
IT ALL STARTS HERE!

Triple P is a flexible, practical way to develop the skills, strategies, and confidence to handle any parenting situation.

With decades of scientific research behind it, the **Triple P** - Positive Parenting Program® is now regarded as one of the world's most effective parenting programs. In fact, the United Nations ranks **Triple P** as the #1 parenting program in the world!

Triple P is used in countries across the globe; it is estimated to have helped more than four million children and their families.

The **Triple P - Positive Parenting Program**® is made possible by funding through an **Early Childhood Block Grant** awarded by the **Kansas Children's Cabinet and Trust Fund** to **Russell Child Development Center**.



RUSSELL CHILD DEVELOPMENT CENTER



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*Parents of Young
Children,
Stay Positive!*

English Version



Small Changes, Big Differences

The **Triple P** - Positive Parenting Program® doesn't tell you how to parent. It offers clear and simple ideas to help manage problem behavior or prevent problems from developing in the first place. You'll become confident about your parenting skills and learn how to take care of yourself as a parent, too. You'll be surprised how quickly you start seeing results!

Triple P Positive Parenting helps you...

- **Raise happy, confident kids**
- **Manage kids' behavior so everyone enjoys life more**
- **Set family routines and rules that everyone respects and follows**
- **Get along well with your kids and argue less**
- **Balance work and family without constant worry**



Is this you?

Coping with supermarket meltdowns? Bedtime drama? Disobedience? Biting or hitting?

"I have learned about positive parenting strategies and they have been really helpful! I tried everything I knew with my two-year-old when he was having a tantrum and nothing was working. Now we can go to the store together and we both are happier and less stressed. I'm glad I found a program that supports me as a mom."

- Southwest Kansas Parent

The greatest thing is that Triple P is not "one size fits all." You choose what help you want and how you get it. You may like the support of a group session, the privacy of a one-on-one consultation, or an online option. With Triple P, you choose what works best for you.

Every parent is different. Yet parents all over the world face problems that are surprisingly similar. Toddler tantrums, fighting, the child who won't go to bed, a kid who never seems to listen or one who lacks confidence - the same issues you deal with in your home affect families everywhere. That's where **Triple P** - Positive Parenting Program® can help.



Start now with one of our FREE Seminars!

- *The Power of Positive Parenting*
- *Raising Confident, Competent Children*
- *Raising Resilient Children*

Interested in learning more?

Call 620-275-0291 or email triplep@rcdc4kids.org to learn about in-home coaching, group sessions, and online options.